

Resources

For a more complete list of updated resources, with links to websites, please visit www.sosexysosoon.com, www.dianeelevin.com, and www.jeankilbourne.com.

CHILDREN AND THE COMMERCIAL CULTURE

Acuff, D., and R. Reihel. *Kidnapped: How Irresponsible Marketers Are Stealing the Minds of Your Children*. New York: Kaplan Publishing, 2005.

Brooks, K. *Consuming Innocence: Popular Culture and Our Children*. Brisbane: University of Queensland Press, 2008.

Carlsson-Paige, N. *Taking Back Childhood: Helping Your Kids Thrive in a Fast-Paced, Media-Saturated, Violence-Filled World*. New York: Hudson Street Press, 2008.

Levin, D. E. "Compassion Deficit Disorder? Consuming Culture, Consuming Kids, Objectified Relationships." In *Risking Human Security: Attachment and Public Life*, edited by M. Green. London: Karnac Press, 2008.

Levine, M. *The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids*. New York: HarperCollins, 2006.

Linn, S. *Consuming Kids: Protecting Our Children from the Onslaught of Marketing & Advertising*. New York: Anchor Books, 2005.

Olfman, S., ed. *Childhood Lost: How American Culture Is Failing Our Kids*. Westport, CT: Praeger Publishers, 2005.

Palmer, S. *Toxic Childhood: How the Modern World Is Damaging Our Children and What We Can Do About It*. London: Orion Books, 2006.

Quart, A. *Branded: The Buying and Selling of Teenagers*. Cambridge, MA: Perseus Publishing, 2003.

Resources

- Ravitch, D., and J. Viteritti, eds. *Kid Stuff: Marketing Sex and Violence to America's Children*. Baltimore: The Johns Hopkins University Press, 2003.
- Riera, M. *Uncommon Sense for Parents with Teenagers*. Berkeley, CA: Celestial Arts, 1995.
- Savage, J. *Teenage: The Creation of Youth Culture*. New York: Viking Adult, 2007.
- Schor, J. *Born to Buy: The Commercialized Child and the New Consumer Culture*. New York: Scribner, 2005.
- Taylor, B. *What Kids Really Want That Money Can't Buy: Tips for Parenting in a Commercial World*. New York: Time-Warner Books, 2003.
- Thomas, S. *Buy, Buy Baby: How Consumer Culture Manipulates Parents and Harms Young Minds*. Boston: Houghton Mifflin, 2007.

Websites

- Campaign for a Commercial-Free Childhood (www.commercialfreechildhood.org)
- Center for a New American Dream (www.newdream.org). Download a free copy of *Tips for Parenting in a Commercial Culture*.
- Teachers Resisting Unhealthy Children's Entertainment (www.truceteachers.org). The *Toy Action Guide* and *Media and Young Children Action Guide* help parents deal with the needs of young children in the commercial culture.

MEDIA AND MEDIA LITERACY

- Cantor, J. *"Mommy, I'm Scared": How TV and Movies Frighten Children and What We Can Do to Protect Them*. New York: Harcourt Brace, 1998.
- DeGaetano, G. *Parenting Well in a Media Age: Keeping Our Kids Human*. Fawnskin, CA: Personhood Press, 2004.
- Dines, G., and J. M. Humez, eds. *Gender, Race and Class in Media: A Text-Reader*. Thousand Oaks, CA: Sage Publications, 2003.
- Goodstein, A. *Totally Wired: What Teens and Tweens Are Really Doing Online*. New York: St. Martin's Griffin, 2007.
- Kelsey, C. *Generation MySpace: Helping Your Teen Survive Online Adolescence*. New York: Marlowe & Co., 2007.
- Kilbourne, J. *Can't Buy My Love: How Advertising Changes the Way We Think and Feel*. New York: Simon & Schuster, 2000.
- Levin, D. E. *Remote Control Childhood? Combating the Hazards of Media Culture*. Washington, DC: National Association for the Education of Young Children, 1998.
- Media Literacy*. Mankato, MN: Capstone Press, 2007 (a series of short books for elementary school students covering movies, music, magazines, television, and online communication).
- Rademacher, K. H. *Media, Sex and Health: A Community Guide for Professionals and Parents*. Chapel Hill, NC: The Women's Center, 2007.
- Seiter, E. *The Internet Playground: Children's Access, Entertainment, and Mis-education*. New York: Peter Lang Publishing, 2005.

Resources

Websites

- Action Coalition for Media Education (ACME) (www.acmecoalition.org)
- Alliance for a Media Literate America (AMLA) (www.amlainfo.org)
- American Academy of Pediatrics (www.aap.org)
- Center for Media Literacy (www.medialit.org)
- Center on Media and Child Health (www.cmch.net)
- Common Sense Media (www.common Sense Media.org)
- Growing Up Online (mediaeducationlab.org)
- Henry J. Kaiser Family Foundation (www.kff.org)
- Media Education Foundation (www.mediaed.org)
- Mind on the Media (www.motm.org)
- National Institute on Media and the Family (www.mediafamily.org)
- New Mexico Media Literacy Project (www.nmmlp.org)
- Teen Media: Mass Media and Adolescent Health (www.unc.edu/depts/jomc/teenmedia/)

POPULAR CULTURE AND GENDER

- American Psychological Association Task Force. *Report of the APA Task Force on the Sexualization of Girls*. Washington, DC: American Psychological Association, 2007.
- Bishop, M. "The Making of a Pre-pubescent Porn Star: Contemporary Fashion for Elementary School Girls." In *Pop Porn*, edited by A. C. Hall and M. J. Bishop. Westport, CT: Praeger Publishers, 2007.
- Brashich, A. *All Made Up: A Girl's Guide to Seeing Through Celebrity Hype . . . and Celebrating Real Beauty*. New York: Walker & Co., 2006.
- Cohen-Sandler, R. *Stressed-out Girls: Helping Them Thrive in the Age of Pressure*. New York: Penguin, 2005.
- Covington, S. *Voices: A Program of Self-Discovery and Empowerment for Girls*. Carson City, NV: The Change Companies, 2004.
- Dee, C. *The Girls' Guide to Life: Take Charge of Your Personal Life, Your School Time, Your Social Scene, and Much More!* Boston: Little, Brown & Co., 2005.
- Giananetti, C., and M. Sagarese. *Boy Crazy! Keeping Your Daughter's Feet on the Ground When Her Head Is in the Clouds*. New York: Broadway Books, 2006.
- Gruver, N. *How to Say It to Girls: Communicating with Your Growing Daughter*. New York: Prentice Hall Press, 2004.
- Katz, J. *Tough Guise: Media Images and the Crisis in Masculinity*, 1999 (a film produced and distributed by the Media Education Foundation).
- Kelly, J. *Dads and Daughters: How to Inspire, Understand, and Support Your Daughter When She's Growing Up So Fast*. New York: Broadway Books, 2002.
- Kilbourne, J. *Killing Us Softly 3: Advertising's Image of Women*, 2000 (a film produced and distributed by the Media Education Foundation).

Resources

- Kindlon, D., and M. Thompson. *Raising Cain: Protecting the Emotional Life of Boys*. New York: Ballantine Books, 2000.
- Lamb, S., and L. M. Brown. *Packaging Girlhood: Rescuing Our Daughters from Marketers' Schemes*. New York: St. Martin's Press, 2006.
- Levine, J. *Harmful to Minors: The Perils of Protecting Children from Sex*. Minneapolis, MN: University of Minnesota Press, 2002.
- Levy, A. *Female Chauvinist Pigs: Women and the Rise of Raunch Culture*. New York: Free Press, 2005.
- Mysko, C. *Girls Inc. Presents: You're Amazing! A No-Pressure Guide to Being Your Best Self*. Avon, MA: Adams Media Corp., 2008.
- Olffman, S., ed. *The Sexualization of Childhood*. Westport, CT: Praeger Publishers, 2008.
- Paul, P. *Pornified: How Pornography Is Transforming Our Lives, Our Relationships, and Our Families*. New York: Times Books, 2005.
- Pipher, M. *Reviving Ophelia: Saving the Selves of Adolescent Girls*. New York: G. P. Putnam's Sons, 1995.
- Pollack, W. *Real Boys: Rescuing Our Sons from the Myths of Boyhood*. New York: Random House, 1998.
- Steiner-Adair, C., and L. Sjostrom. *Full of Ourselves: A Wellness Program to Advance Girl Power, Health, and Leadership*. New York: Teachers College Press, 2006.
- Zeckhausen, D. *The M.O.D. Squad: A Handbook for Helping Moms Raise Healthy Daughters*. Atlanta: Eating Disorders Information Network, 2007.

Websites

- Dads & Daughters (www.dadsanddaughters.org)
- Daughters: For Parents of Girls (www.daughters.com)
- Geena Davis Institute on Gender in Media (www.thegeenadavisinstitute.org)
- Girls Inc. (www.girlsinc.org)
- Hardy Girls Healthy Women (www.hardygirlshealthywomen.org/index.php)
- Mind on the Media/Turn Beauty Inside Out Project (www.motm.org)
- New Moon: The Magazine for Girls and Their Dreams* (www.newmoon.org)
- PBS Parents Guide to Understanding Girls (www.pbsparents.org/raisinggirls)

SEXUAL DEVELOPMENT AND SEX EDUCATION

For Adults

- Blaise, M. *Playing It Straight: Uncovering Gender Discourses in the Early Childhood Classroom*. New York: Routledge, 2005.
- Casper, V., and S. Schultz. *Gay Parents/Straight Schools: Building Communication and Trust*. New York: Teachers College Press, 1999.

Resources

- Chrisman, K., and D. Couchenour. *Healthy Sexuality Development: A Guide for Early Childhood Educators and Families*. Washington, DC: National Association for the Education of Young Children, 2002.
- Gordon, S., and J. Gordon. *Raising a Child Responsibly in a Sexually Permissive World*. Avon, MA: Adams Media Corp., 2000.
- Linke, P. *Pants Aren't Rude: Responding to Children's Sexual Development and Behavior in the Early Childhood Years*. Watson, ACT, Australia: Australian Early Childhood Association, 1997.
- Otis, C. *What's Happening in Our Family: Understanding Sexual Abuse Through Metaphors*. Brandon, VT: Safer Society Press, 2002.
- Roffman, D. *Sex and Sensibility: The Thinking Parent's Guide to Talking Sense About Sex*. Cambridge, MA: Da Capo Press, 2001.
- . *But How'd I Get in There in the First Place? Talking to Your Young Child About Sex*. Cambridge, MA: Perseus Publishing, 2002.

For Young Children

- Harris, R. H. *It's So Amazing! A Book About Eggs, Sperm, Birth, Babies, and Families*. Cambridge, MA: Candlewick, 1999. (Ages 7 and up.)
- . *Happy Birth Day!* Cambridge, MA: Candlewick, 2002. (Ages 3 and up.)
- . *It's Not the Stork! A Book About Girls, Boys, Babies, Bodies, Families, and Friends*. Cambridge, MA: Candlewick, 2006. (Ages 4 and up.)

For Older Children and Teenagers

- Bell, R. *Changing Bodies, Changing Lives: A Book for Teens on Sex and Relationships*, 3rd ed. New York: Three Rivers Press, 1998. (Ages 13 and up.)
- Gravelle, K. *The Period Book: Everything You Don't Want to Ask (but Need to Know)*, updated edition. New York: Walker Books for Young Readers, 2006. (Ages 10 and up.)
- Gravelle, K., N. Castro, C. Chava, and R. Leighton. *What's Going on Down There? Answers to Questions Boys Find Hard to Ask*. New York: Walker Books for Young Readers, 1998. (Ages 9 and up.)
- Harris, R. H. *It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health*, updated ed. Cambridge, MA: Candlewick, 2004. (Ages 10 and up.)
- Jukes, M. *Growing Up: It's a Girl Thing: Straight Talk About First Bras, First Periods, and Your Changing Body*. New York: Knopf Books for Young Readers, 1998. (Ages 8 and up.)
- Maxwell, S. *The Talk: What Your Kids Need to Hear from You About Sex*. New York: Avery, 2008.
- Pearson, M. *LoveU2: Comprehensive Relationship Education for Teens*. Berkeley, CA: The Dibble Fund, 2004.
- Tolman, D. *Dilemmas of Desire: Teenage Girls Talk About Sexuality*. Cambridge, MA: Harvard University Press, 2002.

Resources

Websites

Advocates for Youth (www.advocatesforyouth.org)

Children Now: Talking with Kids About Tough Issues (www.talkingwithkids.org)

Go Ask Alice! Columbia University's health Q&A resource (www.goaskalice.com)

Sex, etc.: Sex Education by Teens, for Teens (www.sxetc.org)

Teen Aware: Sex, Media and You (www.teenawareresources.org)

Teenwire.com (www.teenwire.com; run by Planned Parenthood)